

RUN N' SHOOT

District Heights, MD

Progressive Contracting Company, Inc. provided General Construction Services for the requirements of this 113,000 square foot renovation project which consisted of converting an existing Caldor facility into a full service health club facility. The project included ten (10) NBA size hardwood basketball courts, indoor running track, free weights, cardiovascular and resistance training rooms, aerobic rooms, complete locker room facilities, physical therapy rooms and retail sales area, as well as administrative offices. Work included structural modifications to the existing steel structure including relocating/ removing and adding new steel columns and footings to meet the spacing requirements for the basketball courts.

The project was completed on a fast track schedule of 18 weeks.

Owner: Run N' Shoot

Architect: Brosso, Wilhelm & McWilliams

